

Conclusions

At the end of the period for data collection and review of this document, it was clear that, although very interesting and well-developed education programs for people with type 2 diabetes are under way in Latin America and the Caribbean, there is also a lack of knowledge among countries—even, at times, within countries that have programs—about these programs being carried out in the Region. As a result, many people in the countries without diabetes education programs thought that nothing (or very little) was being done in the Region.

This document is intended to serve as a resource for the countries of the Region that do not have diabetes education programs in progress and that are seeking information to help them prepare their own programs. Furthermore, the document validates existing programs to control diabetes so that they can function as catalysts to promote collaboration among countries in executing and evaluating programs. Finally, this document should motivate people in countries that have education programs under way and that want their programs to be included in the inventory to send in information for future editions.

Future projects will seek to compile an inventory of education programs for people with type 1 diabetes and for health educators in the Region.

Acknowledgments

We thank all the volunteers in the countries who so generously provided their support by collecting and sending in information on diabetes education programs. Without their valuable contribution, it would not have been possible to produce this document.