

PUERTO RICO

Since Puerto Rico's training program for diabetes educators began in 1991, approximately 370 people have been trained. Several educators have set up diabetes education centers. In addition, there are the following:

The Puerto Rican Diabetes Association and the Mutual Aid Hospital (Dr. Lydia Rodriguez) for people with type 2 diabetes and their family members.

The Pediatric Center for Diabetes Education and Treatment, which has offered an education program for people with type 1 diabetes up to 18 years of age since 1998.



Educational team

- Pediatric endocrinologist
- Clinical dietitian
- Graduated nurse
- Public relations officer

Objective

The objective of this program is to educate the pediatric population so they can live healthy and productive lives.

Methodology

The members are divided into two groups: the first group consists of infants and children through the age of 9; the second group consists of children and youth from 10 to 18 years of age.

Although this Center carries out regular educational activities, adapting them to the age of the participants and frequently adding recreational activity, there is in fact no structured program available.

Training educators: "Teaching the Teachers"

For:

- Nurses
- Medical technicians
- Nutritionists
- Psychologists
- Pharmacists
- Exercise physiologists



For more information, contact:

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