# Assessing progress in the Caribbean since the Port of Spain Declaration

Nigel Unwin
Professor of Population Health Sciences
Chronic Disease Research Centre
University of the West Indies
Barbados

### Overview of talk

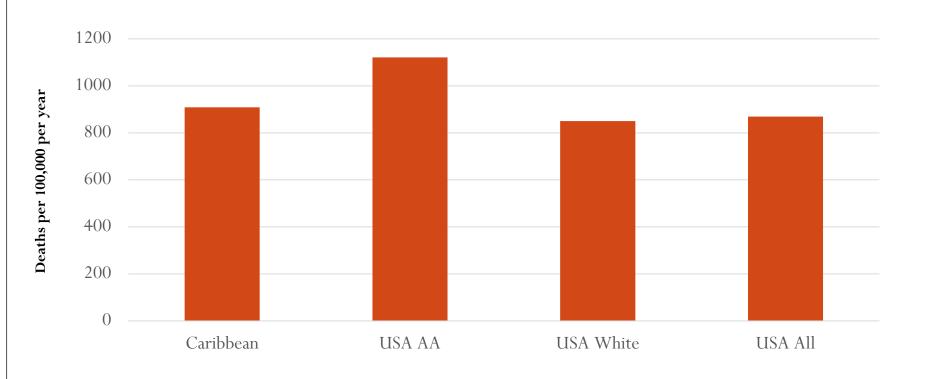
- Context
  - The Port of Spain Declaration
  - Trends in mortality, contribution of NCDs
- The Port of Spain Declaration Evaluation
  - Objectives and time frame
  - Identifying policy gaps and predictors of compliance
  - Increasing effective policy implementation

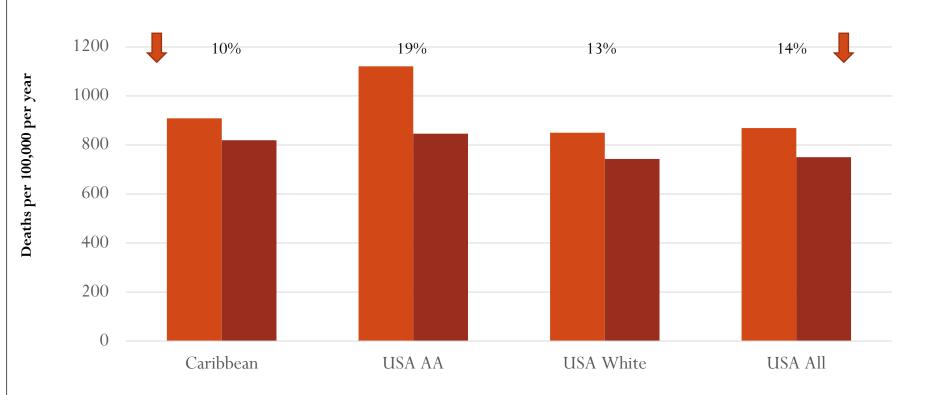


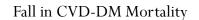
## Port of Spain Declaration on NCDs

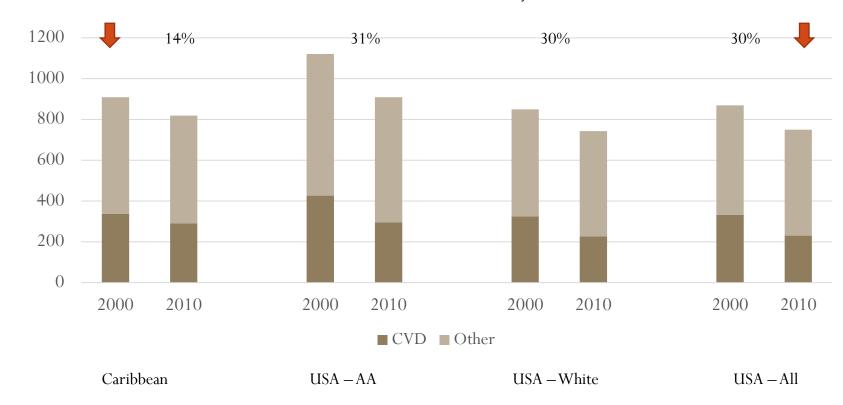
- 15 Point Declaration, 27 commitments
- Including:
  - National, multi-sectoral NCD Commissions
  - Risk factor reduction, including:
    - Implementation of FCTC
    - Multi-sector food and nutrition plan
    - Promotion of physical activity in schools and workplaces
  - Health care, quality and coverage
  - Surveillance
  - Caribbean Wellness Day
- Contributed to the 2011 UNHLM

# All Cause Mortality in the Caribbean and US, Year 2000



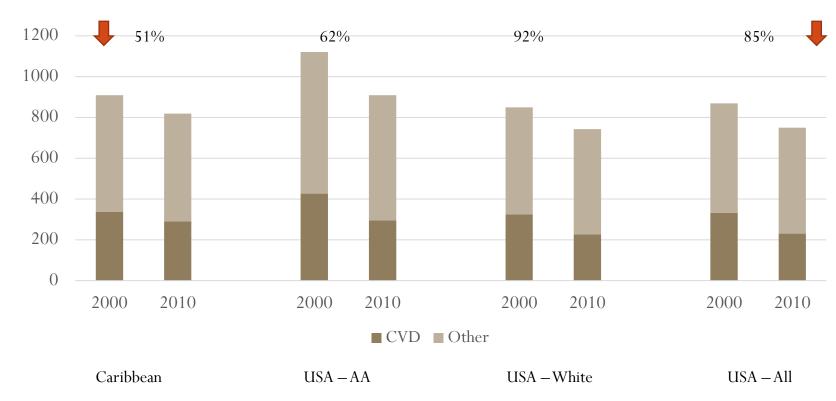






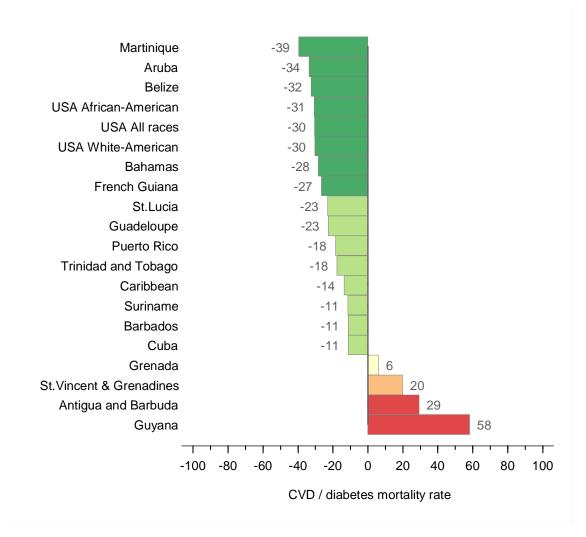
Deaths per 100,000 per year

#### Fall in total mortality due to fall in CVD-DM



Deaths per 100,000 per year

Percentage change in cardiovascular diseases and diabetes mortality between 2000 and 2009 for 16 Caribbean territories, and for the United States



## Factors likely to underlie the differences in trends in CVD-DM mortality

- Differences in trends in risk factors
  - E.g. smoking, aspects of diet, physical activity, obesity, blood pressure, cholesterol

- Differences in trends in coverage of effective healthcare
  - E.g. effective treatment of blood pressure, glucose, hypercholesterolaemia, acute myocardial infarction, acute stroke, heart failure etc



Port Of Spain Declaration Evaluation (POSDEVAL) 2014 - 2017
Public Health Group Cave Hill

## THE CARICOM POLITICAL DECLARATION ON NCDS SEVEN YEARS ON: AN EVALUATION TO **ACCELERATE FURTHER MULTI** SECCTORAL IMPLEMENTATION

















## Port of Spain Declaration Evaluation

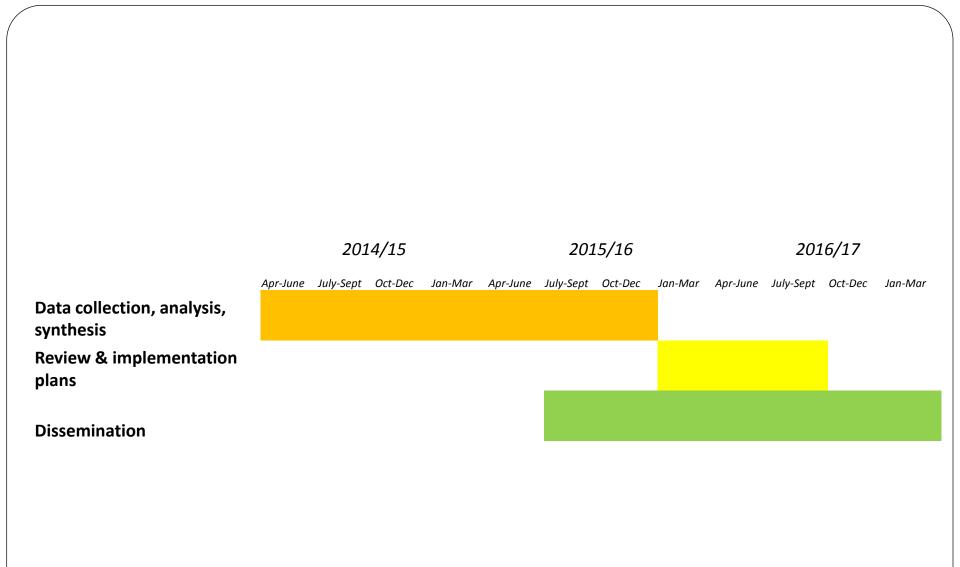
- Supported by the Canadian International Development Research Centre (IDRC)
- Coordinated, on behalf of CARICOM and PAHO, by UWI
   Cave Hill Public Health Grp & CDRC
  - Nigel Unwin PI, Alafia Samuels co-PI
- Funding became available in April 2014 and the project will run until March 2017.

## Overall objective

- To evaluate, seven years on, the implementation of the POS Declaration in order to:
  - Learn lessons that will support and accelerate its further implementation
  - Inform the attainment of the UNHLM NCD 9 voluntary targets
    - Includes a 25% reduction in NCD mortality

## Detailed objectives

- To add to knowledge within the 20 CARICOM members
  - Identify gaps in policies and surveillance
  - Identify predictors of success, and difficulties
  - Potential revenue from tobacco and alcohol
- To add to knowledge on the regional and international impact
  - Including roles of regional organizations
- To review the findings with policy makers and agree priorities for increased implementation
  - Workshop, January 2016, organized with CARICOM
  - Fill gaps in policy and surveillance
- To communicate this knowledge to appropriate audiences
  - Led by Healthy Caribbean Coalition, with Regional Health Communication Network



# Identifying Policy Gaps and Predictors of Compliance

#### All 20 CARICOM Members

- Monitoring grid completed by NCD focal point
  - Covers 27 commitments of the POS Declaration
  - Predictors of good and poor compliance based on wide range of available national characteristics
- Implementation of FCTC
  - Using PAHO reporting tool
  - Including the UKOTs
- Caribbean Wellness Day evaluation
  - Phone interviews and online questionnaire completion

## Port of Spain Declaration Monitoring Grid

Potential predictors of compliance being examined include:

- Population size
- GDP per capita
- Leader presence at POS
- Burden of NCDs
- Proportion female MPs

os	Updated; September 2012; Se NCD Progress Indicator	A	A	B	В	B	В	B	С	D	G	G	н	J	М	S	S	S	S	T	T
CD		N	N	A	A	F	E	Y	٥	0	R	U	A	A	0	K	I	V	U	R	
		_	•		COM	MITN	IENT	•	•	-	•	•		-	_		-	•		•	_
.14	NCD Plan	±	±	<b>√</b>	۷.	±	4	V	۷.	$^{\vee}$	-√	<b>V</b>	Х	V	±	-√	√	±	-√	-√	ı
	NCD budget	Х	±	<b>V</b>	√	Х	Х	Χ	-√	±	-√	V	Х	Χ	Χ	Х	√	Х	<b>V</b>	√	ı
	NCD Summit convened	Х	٧	V	√	Х	V	V	Х	$\vee$	$^{\vee}$	4	Х	V	√	<b>V</b>	√	±	4	-√	1
	Multi-sectoral NCD Commission	±	Х	4	<b>V</b>	±	4	V	Х	±	√	V	Х	4	х	±	V	±	±	۷.	1
	appointed and functional																				4
	FCTC ratified		-/-		TO	BAC	CO				-/			-/-				-/-		-/	_
	Tobacco taxes >50% sale price	V	X	· ±	V	X	*	· V	Ž	X	Ž	Ť	X	V	v	±	V	V	V	Х	4
	-				V.			^	Ÿ		,	Y	Х		٨			۸			4
	Smoke Free indoor public places	Х	٧	±	٧	±	γ	٧	γ	±	V	γ	Х	٧	X	±	V	Х	٧	٧	
	Advertising, promotion & sponsorship bans	Х	Х	±	Х	X	٧	٧	٧	Х	Х	±	Х	٧	Х	Х	Х	Х	٧.	٧	ı
					NU	TRIT	ON														•
	Multi-sector Food & Nutrition plan	4	4	4	4	±		4	Х	4	<b>√</b>	1	Х	V	4	4	±	4	Χ	±	١
	implemented																				
	Trans fat free food supply	Х	χ	Х	Χ	Χ	±	Χ	Х	Х	Х			±	Χ	Х	Х	Х	Х	±	
	Policy & standards promoting healthy eating	±	V	٧.	٧	±	٧	+	V	±	Х	±		٧	±	±	±	±	Х	±	ı
	in schools implemented Trade agreements utilized to meet national	Х	х	Х	Х	Х	Х	X	Х	Х	Х	±		Х	Х	±	Х	Х	Х	N	ł
	food security & health goals	^	×	l^-	^	l^.	l ^	^	^	^	^	Ξ		^	^	<u> </u>	^	^	^	٠	
	Mandatory labeling of packaged foods for	Х	Х	X	±	Х	±	Х	±	±	Х	±		±	Х	Х	Х	Х	±	Х	ľ
	nutrition content		-	"	_	-	-		_	_		-		_	-		-	-	_		
				PH	/SIC	AL A	CTIV	TΥ													
	Mandatory PA in all grades in schools	V	V	V	V	V	±	±	4	$\vee$	Х	±		±	Х	*	±	Х	Х	7	
0	Mandatory provision for PA in new housing	Х	*	4	٧	V	*	*	Х	Х	Х	Х		Х	±	*	Х	Х	Х	Х	
_	developments				,											,					L
)	Ongoing, mass Physical Activity or New public PA spaces	Х	٧	V	٧	٧	٧	+	٧	٧	٧	٧		٧	±	٧	٧	٧	٧	٧	
	public PA spaces		E	DUCA	TIO	N / DI	POM	OTIO	N												4
2	NCD Communications plan	Х	Ιχ	±	√	X	V	±	V	±	±	V	X	±	Х	+	Х	±	±	V	١
5	CWD multi-sectoral, multi-focal celebrations	V	V	7	v	V	j	-V	V	_	_	÷		_ √	±	_	V	- V	- V	V	H
)	≥50% of public and private institutions with	X	X	Х	Х	X	±	X	±	X	*	±	^	*	±	±	±	±	X	±	
,	physical activity and healthy eating	^	l ^	l ^	^	l ^ .	Ξ	^	Ξ	^		Ξ		-	Ξ	Х	Ξ		^	Ξ	
	programmes																				
2	≥30 days media broadcasts on NCD	Х	V	Х	V	Х	V	Х	<b>V</b>	±	*	V		<b>V</b>	Х	±	±	±	V	_	i
	control/yr (risk factors and treatment)																				
				S	URV	EILL	ANCI														_
1,	Surveillance: - STEPS or equivalent survey	Х	Χ	V	√	V	$\forall$	V	4	$\vee$	$^{\prime}$	±	Х	$\sqrt{}$	±	$\forall$	4	±	$\forall$	-√	ı
3,	- Minimum Data Set reporting	Х	√	V	√	V	√	$\sqrt{}$	√	$\forall$	√	±	Х	V	±	±	$\sqrt{}$	√.	$\checkmark$	V	l
1	- Global Youth Tobacco Survey	Х	V	V	√.	V	±	V	√	√.	√.	√,	V	V	χ	√	√	√.	√.	√	
	- Global School Health Survey	V	V	V	٧	٧		V	¥	√.	V	٧	Х	V	±	V	V	V	Α.	V	
		_				ATM												,			
	101			N.	±	±	±	±	±	Х	٧	±	Х	V	±	±	٧	±	±	٧	
	Chronic Care Model / NCD treatment	Х	٧																		
	protocols in ≥ 50% PHC facilities	Х		, al	, l				L.	v	-/-	,/		al.	v		nl.		, 1	al	
	protocols in ≥ 50% PHC facilities QOC CVD or diabetes demonstration	±	√ √	٧	<b>V</b>	±	±	±	4	Х	<b>V</b>	٧	±	٧	Х	Х	<b>V</b>	±	٧	4	
	protocols in ≥ 50% PHC facilities	±		√ 8	√ B	±	±	±	√ c	X	√ G	√ G	±	V	X	x	√ s	±	7	√ T	

# Identifying Policy Gaps and Predictors of Compliance

### In-depth case studies, to determine:

- Degree of policy development and implementation, and agreement with what is reported in the grid
- Use of multi-sectoral approaches including the engagement of civil society, the private sector and Government ministries and agencies in addition to Health
- Factors associated with success and those associated with difficulties in achieving (a) and (b)
- What evidence exists on the impact of the implementation on risk factors and health outcomes.

# Case study countries/territories

	Population ['000]	Population category	Case study	Econ' study
Haiti	9,993	>5mill		
Jamaica	2,741	1-5 mil	Yes	Yes
Trinidad & Tobago	1,341		Yes	Yes
		250-		
Guyana	754	999,000		
Suriname	525			
Bahamas	343			
Belize	312		Yes	
Barbados	286		**	
Saint Lucia	161	<250,000		
Grenada	108		Yes	Yes
Saint Vin' & Gren	104			
Antigua & Barbuda	87		Yes	
Dominica	73			
Bermuda	68			
Cayman Islands	50			
Saint Kitts & Nevis	50		Yes	
Turks & Caicos Islands	43			
British Virgin Islands	25		Yes	
Anguilla	15			
Montserrat	5			
TOTAL	17,084			

## Case studies, methods and progress

- Mixed methods
  - Key informant interviews
    - Range of sectors
  - Policy documents analysis
  - Review of health data and trends (where possible)

- All seven countries visited
- Over 70 interviews in total
- Policy documents collected
- Data analysis workshop next week
  - Policy statements and implementation
  - Understanding successes and difficulties

# In Summary, Evaluation of the Port of Spain Declaration:

- Add to knowledge
  - Gaps in policy statement & implementation
  - Gaps in surveillance
  - Predictors of successful multi-sectoral policy development
  - Potential for revenue from tobacco and alcohol taxation
- Review and prioritise with policy makers
  - Work up and agree plans for increased implementation
- Dissemination
  - In support of implementation

## Acknowledgements Lead investigators on the evaluation

Prof Nigel Unwin	UWI, Cave Hill	Barbados
Dr Alafia Samuels	UWI, Cave Hill	Barbados
Dr James Hospedales	Caribbean Public Health Agency	Trinidad & Tobago
Prof Sir George Alleyne	UWI Chancellor's Office & Pan American Health Organisation (PAHO)	Jamaica
Prof Karl Theodore	UWI, St Augustine	Trinidad & Tobago
<b>Prof Andrew Knight</b>	UWI, St Augustine	Trinidad & Tobago
Dr John Kirton	University of Toronto	Canada
Dr Rudy Cummings	CARICOM Secretariat	Guyana
Prof Sir Trevor Hassell	Healthy Caribbean Coalition	Barbados
Dr Godfrey Xureb	PAHO Eastern Caribbean Office	Barbados

## Acknowledgements: Core workers on the evaluation

#### Public Health Group, University of the West Indies, Cave Hill

Ms. Lisa Bishop
Dr. Madhuvanti Murphy
Ms. Latoya Bartholemew
Mrs Nicole Johnson
Ms Lisa Chase

#### Dept. of Community Health & Psychiatry, University of the West Indies, Mona

Dr. Michelle Harris Dr. Althea Bailey Dr. George Leveridge

#### Health Economics Unit, University of the West Indies, St. Augustine

Dr. Althea La Foucade Ms. Charmaine Metivier Mr. Samuel Gabriel

#### Institute of International Relations, University of the West Indies, St. Augustine

Ms. Dinah Hippolyte

#### **G8 Research Group, University of Toronto**

Ms. Madeline Koch Dr. Julia Kulik Ms. Caroline Bracht

#### Caribbean Public Health Agency

Mrs. Renee Franklin-Peroune
Ms. Elizabeth Lloyd
Dr. Glennis Andall-Bereton
Ms. Marsha Ivey
Ms. Christine Bocage
Mrs. Angela Hinds
Ms Yvette Holder

#### **Healthy Caribbean Coalition**

Mrs. Maisha Hutton

#### Pan American Health Organisations / World Health Organisation

Dr. Tomo Kanda Dr. Carol Boyd-Scobie Dr. Beryl Irons



# Port Of Spain Declaration Evaluation (POSDEVAL) 2014 - 2017 Public Health Group Cave Hill

### **THANK YOU!**

















