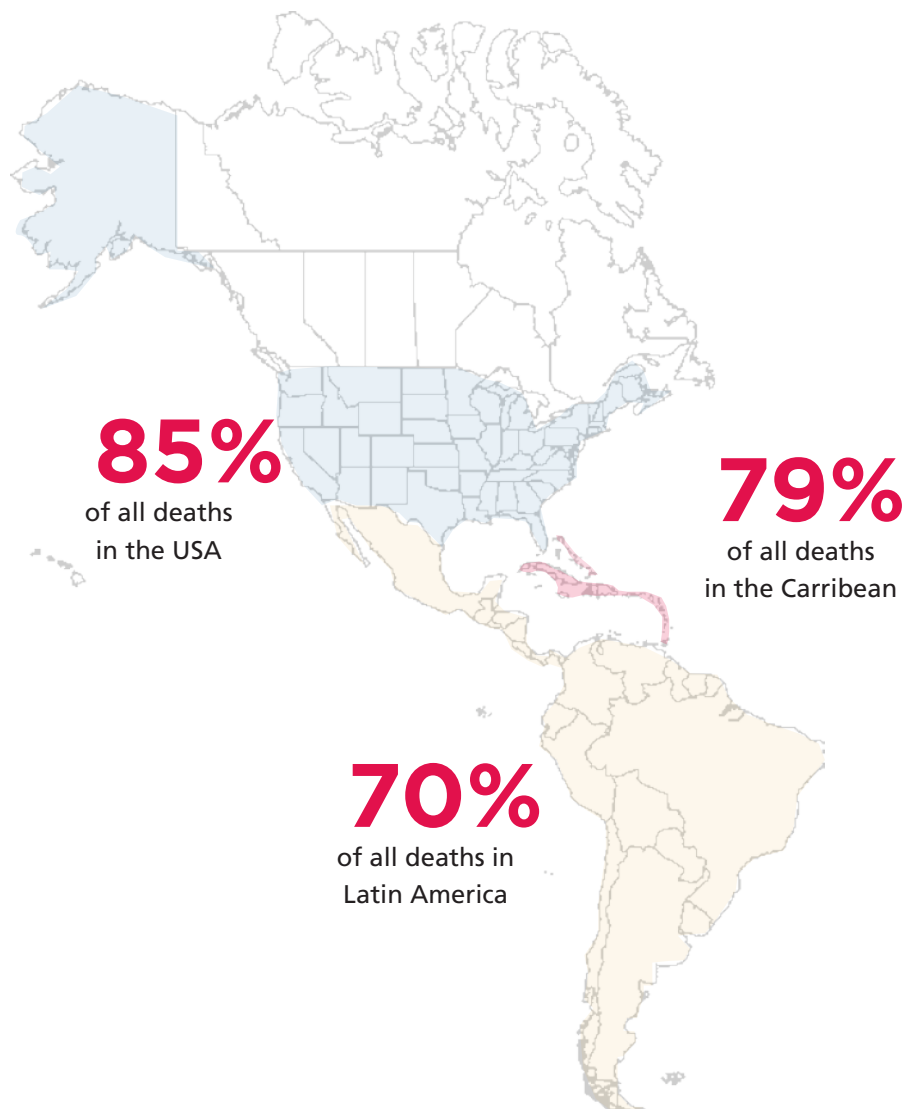


NON-COMMUNICABLE DISEASES (NCDs) IN THE AMERICAS: QUICK FACTS AND FIGURES



**NCDS: THE
LEADING
CAUSE OF
DEATH IN ALL
COUNTRIES OF
THE AMERICAS**

**4.5 million
DEATHS
IN THE AMERICAS**



**3 OUT OF 4
PEOPLE DIE
OF NCDs**

4 DISEASES ACCOUNT FOR MOST OF THE DEATHS IN THE AMERICAS



**CARDIOVASCULAR
DISEASES**
1.7 million



CANCER
1.1 million



**CHRONIC
RESPIRATORY
DISEASES**
380,000



DIABETES
268,000

<http://www.paho.org/factsheet-ncd-americas-2015>



**Pan American
Health
Organization**



**World Health
Organization**
REGIONAL OFFICE FOR THE
Americas

NCDs IN THE AMERICAS

MEN AND WOMEN ARE AFFECTED DIFFERENTLY FROM NCDs:

Same proportions of deaths but:
15% more men die prematurely
women often bear a double burden

Unpaid NCDs
caregivers

Suffering
from NCDs

YOUTH ARE AMONG THE MOST VULNERABLE POPULATION FOR FUTURE INCREASE OF NCDs:

18% (13-15 y.)
consume tobacco

14% (13-15 y.)
consume tobacco

**3.7 M of children are
overweight or obese
in Latin America.**

MAIN CAUSE: PREMATURE DEATH (30-69 YEARS OF AGE)

**1.5 million = 35%
of all deaths**



MILLIONS OF PEOPLE LIVING WITH NCDs:



2.8 million estimated
number of new cancers
each year

61 million estimated
number of people **living
with diabetes**

250 million people **with
hypertension**

NCDs DISPROPORTIONATELY AFFECT POOR POPULATIONS:

30% of the premature deaths from
cardiovascular disease are in the
poorest populations



MILLIONS MORE ARE AT RISK OF DEVELOPING NCDs, WOMEN ARE AT HIGHER RISK

145 million (22%) adults smoke in the Americas

The population smoking prevalence varies from 38% in
Chile to 6.1% in Panama

17% women are smokers
27% of men are smokers



26% people are obese. The Americas has the highest
rates in the world ranging from:

low of 9% in Haiti

high of 40% in St. Kitts and Nevis

**2 times more women are obese
than men** in many countries in the region



20 - 30% people have high blood pressure



DEMOGRAPHIC AND OTHER FACTORS ARE DRIVING THE NCD EPIDEMIC

73 years in life expectancy in Latin America

↑ **22 years increase** in life expectancy in Latin
America over the last 60 years

↑ **3 times increase** in the population size over the
last century

↑ **6 times increase** in the population aged 75+ over
the last half-century

80% population living in urban settings
as compared to 57% in 1950



\$10,000 gross national income (US\$ per capita)
in Latin America and the Carribeans as
compared to **\$46,000 in Northern America**