

# CUBA

**11 461 000**

Total population

**84%**

Percentage of deaths  
from NCDs

**78 000**

Total number of NCD  
deaths

**16%**

Risk of premature death  
from target NCDs

1	National NCD targets	●
2	Mortality data	●
3	Risk factor surveys	◐
4	National integrated NCD policy/strategy/action plan	○
5	Tobacco demand-reduction measures:	
a	increased excise taxes and prices	◐
b	smoke-free policies	◐
c	large graphic health warnings/plain packaging	◐
d	bans on advertising, promotion and sponsorship	○
e	mass media campaigns	NR
6	Harmful use of alcohol reduction measures:	
a	restrictions on physical availability	◐
b	advertising bans or comprehensive restrictions	○
c	increased excise taxes	○
7	Unhealthy diet reduction measures:	
a	salt/sodium policies	○
b	saturated fatty acids and trans-fats policies	○
c	marketing to children restrictions	○
d	marketing of breast-milk substitutes restrictions	◐
8	Public education and awareness campaign on physical activity	●
9	Guidelines for management of cancer, CVD, diabetes and CRD	●
10	Drug therapy/counselling to prevent heart attacks and strokes	○

● = fully achieved ◐ = partially achieved ○ = not achieved

NR = No Response