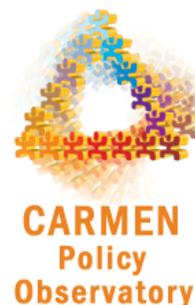




Mobilizing for Dietary Salt Reduction Policies and Strategies in the Americas: Expert & Country Consultation



(Miami, Florida, 13–14 January 2009)

Overview

The purpose of the meeting is to document the policies and initiatives in the Americas Region aimed at reducing dietary salt to prevent and control chronic noncommunicable diseases (CNCDs), and to feature relevant experiences in CARMEN countries and in other countries and WHO Regions.

Participants will reach consensus on the Regional-, subregional- and national-level initiatives that can advance dietary salt reduction in the Americas and identify next steps for each.

Objectives

Objectives for Day 1

- ➔ Participants will gain a common understanding of the sodium sources and intake levels in countries of the Americas as well as any salt reduction policies and strategies that are emerging or in effect.
- ➔ Participants will learn about salt reduction initiatives in countries outside the Americas and in other WHO Regions, and what interventions are proving effective.

Objectives for Day 2

- ➔ Participants will reach a consensus on next steps, to include:
 - Options for country-specific, sub-regional or regional actions appropriate to the Caribbean, Central and South American countries that will engage governments, civil society and private industry.
 - Joint projects to advance the development of salt reduction policies and strategies within the CARMEN network.
 - Resources needed to support next steps and potential sources to approach.

Agenda

Tuesday, 13 January 2009

- 08:30 **Part I: Opening**
Welcome & opening remarks: Dr. James Hospedales, Lianne Vardy
- 08:45 Meeting context, purpose, objectives: Barbara Legowski
Agenda for Day 1: Dr. Branka Legetic, Moderator for Day 1
- 09:00 **Part II: Background**
Highlights from a synthesis paper "Review of international dietary sodium reduction Initiatives:" Lianne Vardy
- 09:15 The case of dietary salt reduction in the UK: Dr. Graham MacGregor
10:00 *Panel:* How the UK experience has influenced other countries (10 minutes each)
 → Canada – Dr. Norm Campbell
 → Australia – Dr. Bruce Neal
 → Argentina – Dr. Marcelo Tavella
- 10:30 Q & A
- 10:45 *Break*
- 11:15 **Part III: Epidemiology and Impacts of Chronic Diseases related to High Salt Intake**
 → North America: Dr. Norm Campbell
 → South America: Dr. Simon Barquera
- 12:15 Q & A
- 12:45 *Lunch (participants on their own)*
- 14:15 **Part IV: Salt Consumption in the Americas and Current Initiatives**
Summary of results from the pre-meeting questionnaire – Barbara Legowski
15:00 *Panels:* Specific mechanisms and experiences underway (15 minutes for each panelist)
 Panel 1: Government level
 → Food labelling – Dr. Mary L'Abbé
 → National Task Force – Dr. Maria Cristina Escobar
 Panel 2: Food industry – Maria Helena Fellner O'Toole & Robert Earl
 Panel 3: Civil society – Dr. Arun Chockalingam
- 16:30 *Break*
- 17:00 Q & A with panellists
17:30 Wrap-up Day 1: Dr. James Hospedales and Lianne Vardy
17:40 Adjournment

Wednesday January 14, 2009

- 08:30 **Part V: Setting Up Day 2**
Résumé of Day 1: Dr. Branka Legetic
- 09:00 Agenda for Day 2, explanation of group exercises:
Dr. Enrique Jacoby, Moderator for Day 2
- 09:15 **Part VI: Break Out Groups**
- International agencies & governments – What are the issues and what can be done?
- 10:00 Group reports (5 min each); *Discussant*: Godfrey Xuereb
- 10:30 *Break*
- 11:00 Civil society & private sector: What are the issues and what can be done?
- 11:45 Group reports ;(5 min each) *Discussant*: Beatriz Champagne
- 12:15 *Lunch (participants on their own)*
- 13:45 **Part VII: Plenary – Towards a Collaborative Action Plan**: Dr. Enrique Jacoby
Consensus on priority actions, next steps, identifying necessary resources & resource mobilization strategies
- 15:30 *Break*
- 15:45 Meeting evaluation: Barbara Legowski
- 16:00 Closing remarks: Dr. James Hospedales and Lianne Vardy
- 16:15 Adjournment