

# HIV Drug Resistance Report 2012



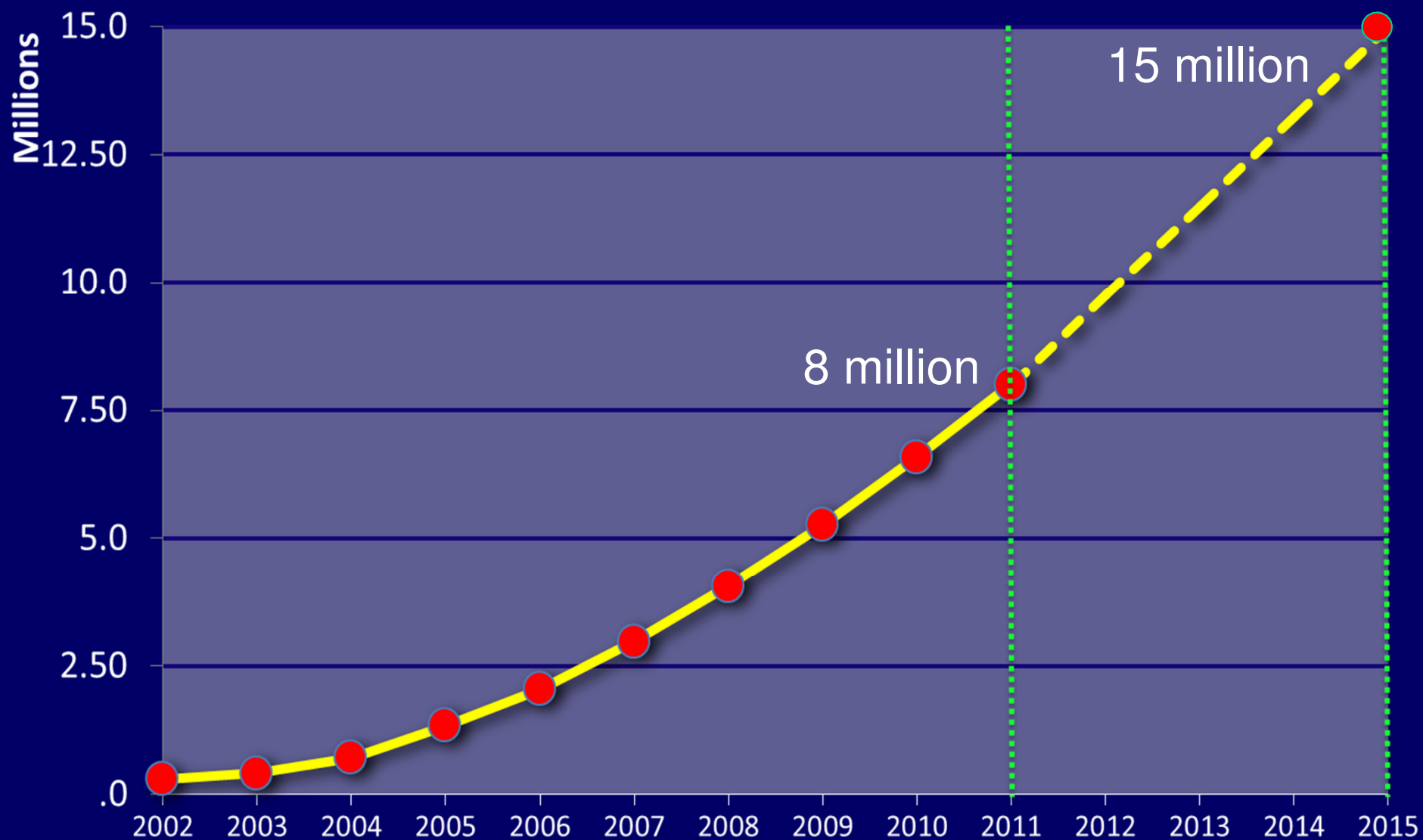
**Silvia Bertagnolio, MD**

**Department of HIV/AIDS,  
World Health Organization**

**Geneva, Switzerland**

*Brazilia, March 19-21, 2013*

**8 million on ART by end 2011**  
**...15 million is achievable !**



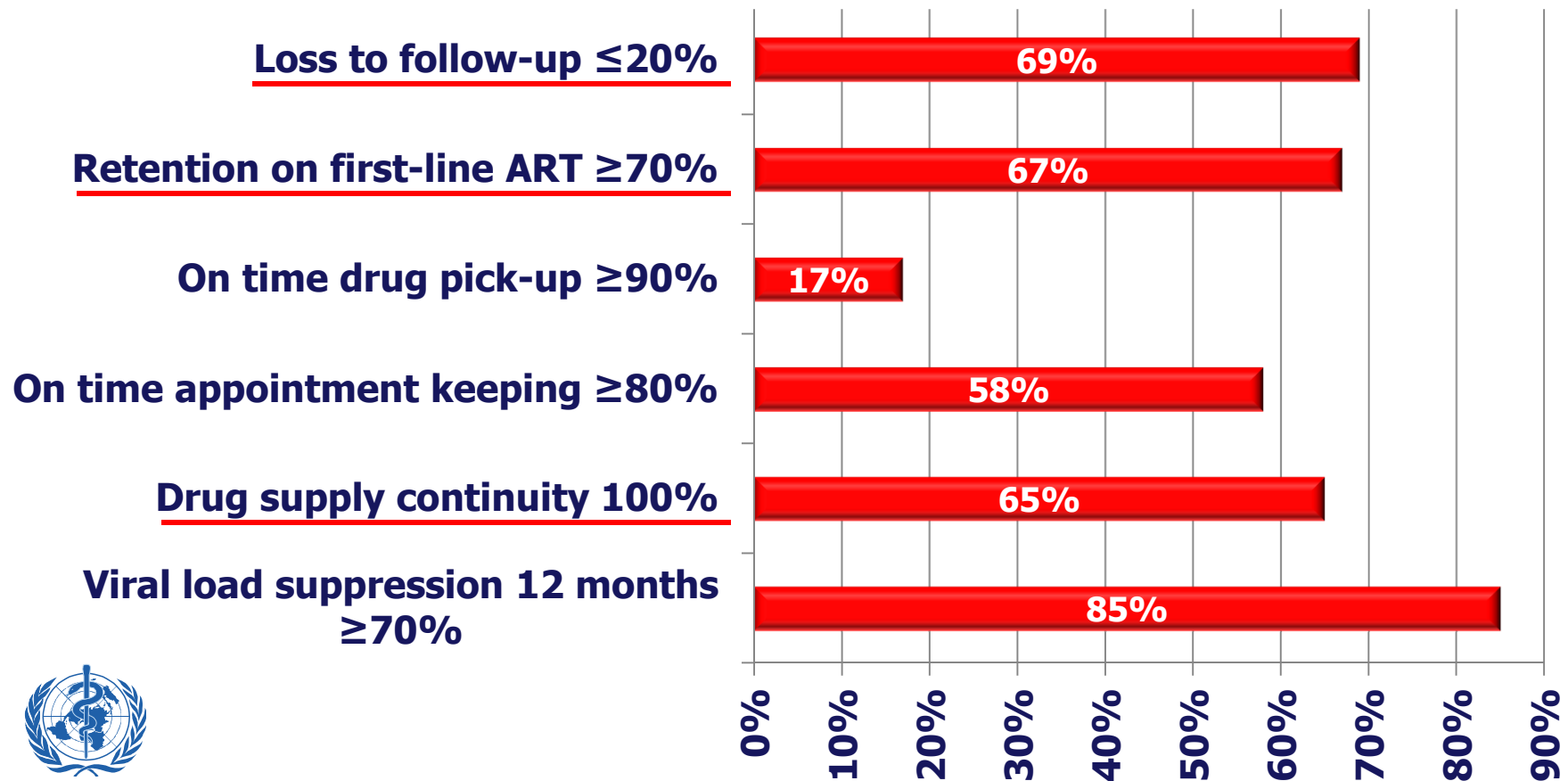
# Scale-up of HIV prevention, treatment and care services





# HIVDR early Warning Indicators (EWI) Proportion of Clinics Achieving WHO- Recommended Targets

2107 clinics (2004-2009), >131,000 people, >50 countries



# Are we observing a dramatic increase in HIVDR?

VIEWPOINT

## Preventing antiretroviral anarchy in sub-Saharan Africa

A D Harries, D S Nyangulu, N J Hargreaves, O Kaluwa, F M Salaniponi

Combination antiretroviral therapy has dramatically improved the survival of patients living with HIV and AIDS in industrialised countries of the world. Despite this enormous benefit, there are some major problems and obstacles to be overcome.<sup>1</sup> Treatment of HIV-infection is likely to be lifelong.<sup>2</sup> Unfortunately, many HIV-infected individuals cannot tolerate the toxic effects of the drugs, or have difficulty complying with treatment which involves large numbers of pills and complicated dosing schedules. Poor adherence to treatment leads to the emergence of drug-resistant viral strains that need new combinations of drugs or new drugs altogether.

"Widespread, unregulated access to antiretroviral drugs in sub-Saharan Africa could lead to the rapid emergence of resistant viral strains, spelling doom for the individual, curtailing future treatment options, and leading to transmission of resistant virus."

- *"If compliance and careful follow-up of patients is not achieved, **we will see a dramatic increase in multidrug-resistant HIV mutants...**"*
- *Robert C. Gallo and Luc Montagnier. Prospects for the Future. Science 2002*

HIV/AIDS Programme

WHO HIV DRUG RESISTANCE REPORT 2012



World Health  
Organization

[www.who.int/hiv/pub/drugresistance/report2012](http://www.who.int/hiv/pub/drugresistance/report2012)

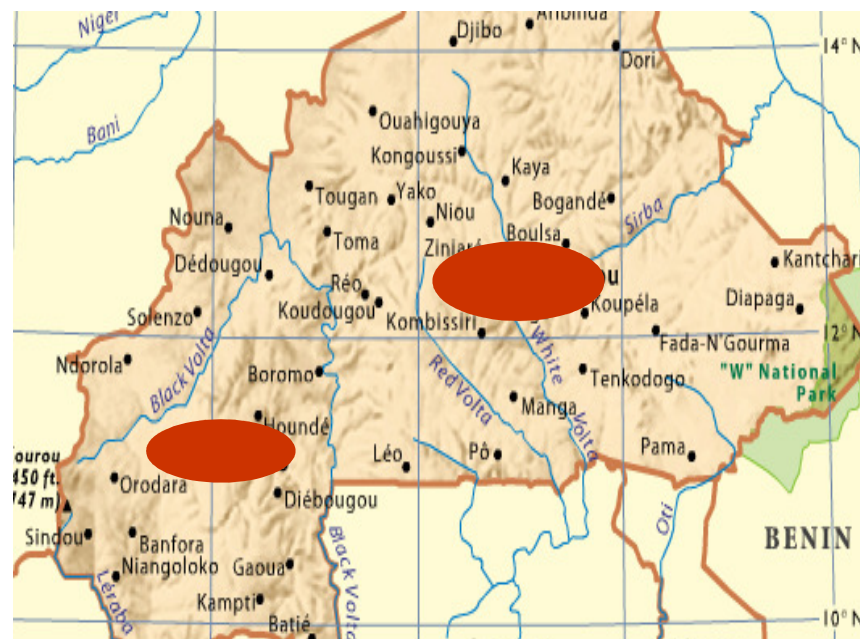
# **TRANSMITTED HIV DRUG RESISTANCE in Low and Middle Income Countries**



# Transmitted HIVDR (WHO surveys) Overview of Methods

**ARV-naïve populations likely to have been recently infected**

- **Results** not nationally representative but apply to the **geographic area surveyed within the country**

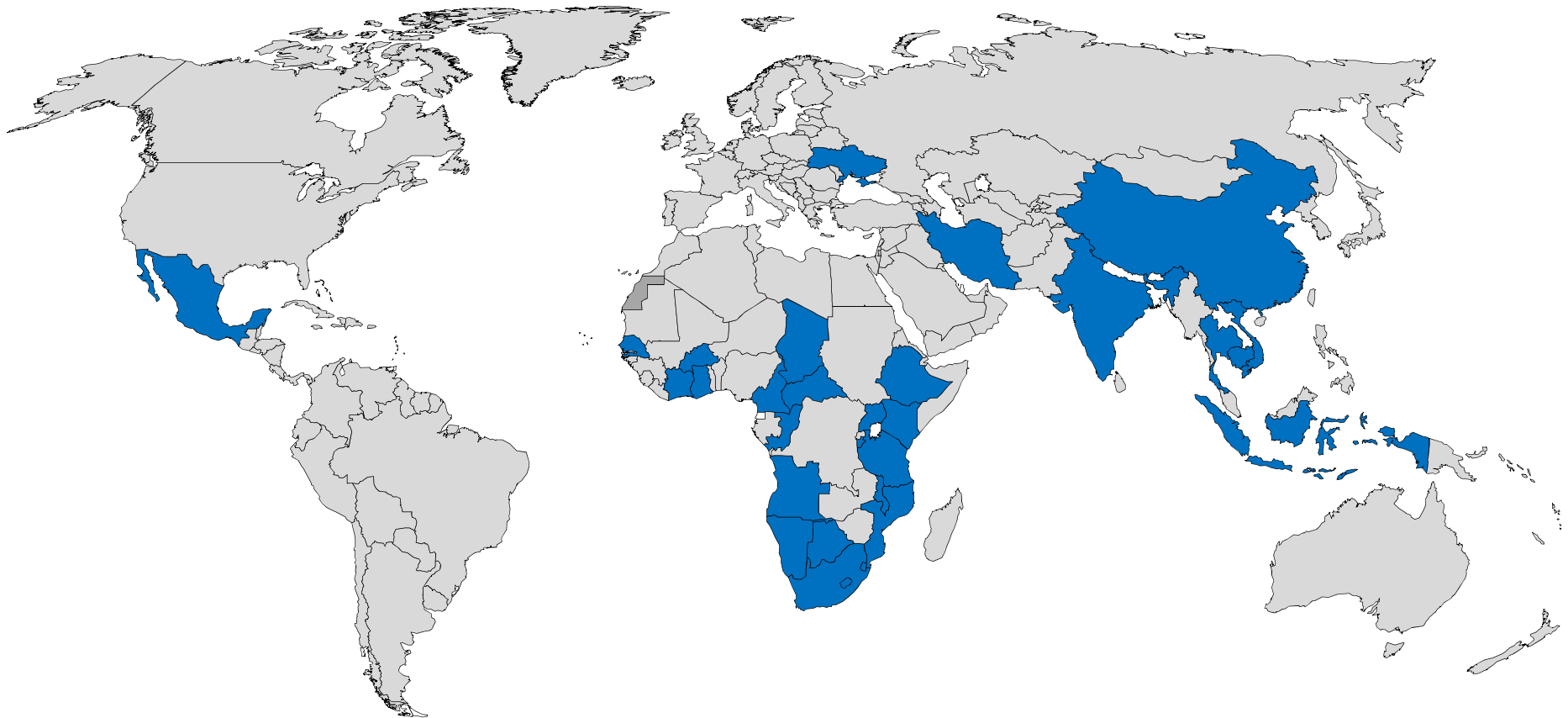


*\*M.Myatt et al. Antiviral Therapy 2008 8  
D.Bennett et al. Antiviral Therapy 2008*



# Transmitted HIVDR (WHO surveys) Geographical Distribution (pooled analysis)

**82 surveys** covering a total of **3588 recently-infected individuals**, 2004-2010



- Country reporting results from WHO surveys of transmitted HIV drug resistance, 2004–2010
- No data available or not participating in the surveys
- Not applicable

# Transmitted HIVDR (WHO surveys) Estimates by year and region (pooled analysis)

	2004	2005	2006	2007	2008	2009	2010	P-value*
<b>ANY DRUG</b>								
<b>African Region</b>	10.0 (2.8 to 23.7)	0.2 (0.0 to 1.4)	0.6 (0.0 to 2.4)	1.2 (0.1 to 3.2)	1.8 (0.1 to 4.8)	4.5 (2.3 to 7.2)	2.8 (0.1 to 7.7)	0.04
South-East Asia Region	...	0.7 (0.0 to 4.8)	2.2 (0.1 to 11.8)	1.0 (0.2 to 3.8)	...	...	...	-
Western Pacific Region	...	...	4.5 (1.0 to 9.6)	4.4 (1.1 to 9.4)	1.5 (0.0 to 4.3)	2.4 (0.6 to 4.8)	...	0.41
Americas	8.5 (2.4 to 20.4)	...	...	...	...	...	...	-
Europe Region	...	...	...	...	...	2.6 (0.1 to 6.9)	...	-
Eastern Mediterranean Region	...	...	7.7 (1.6 to 20.9)	...	...	...	...	-
<b>Overall</b>	<b>9.2</b> (3.7 to 16.4)	<b>0.3</b> (0.2 to 1.4)	<b>1.6</b> (0.4 to 3.2)	<b>1.6</b> (0.5 to 3.1)	<b>1.6</b> (0.3 to 3.5)	<b>3.4</b> (2.1 to 5.1)	<b>2.8</b> (0.1 to 7.7)	<b>0.06</b>



If you break down by drug class... 10

Note: \*test for trend, adjusted for region; Source: 82 WHO surveys covering 3588 recently-infected individuals

# Transmitted HIVDR (WHO surveys) Estimates by year, region and class of drug

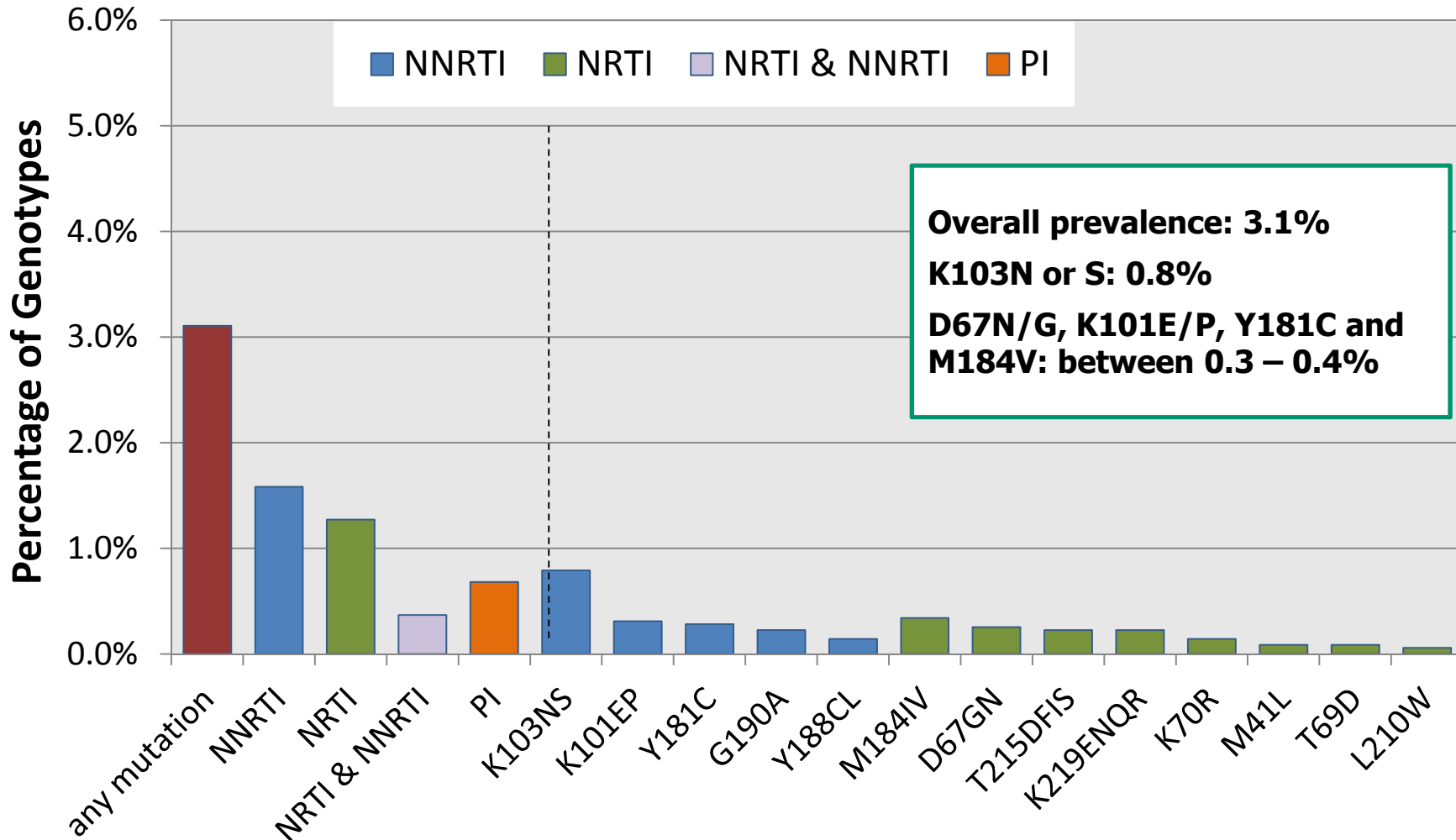
	2004	2005	2006	2007	2008	2009	2010	P-value*
<b>NNRTI</b>								
African Region	2.3 (0.1 to 12.0)	0.0 (0.0 to 1.0)	0.1 (0.0 to 0.9)	0.0 (0.0 to 0.7)	1.5 (0.1 to 3.9)	3.4 (1.8 to 5.2)	2.0 (0.2 to 5.0)	<0.01
Overall	0.7 (0.0 to 4.3)	0.0 (0.0 to 0.8)	0.2 (0.1 to 0.9)	0.3 (0.0 to 1.3)	0.9 (0.1 to 2.2)	2.0 (1.1 to 3.2)	2.0 (0.2 to 5.0)	<0.01
<b>NRTI</b>								
Overall	6.5 (2.0 to 12.8)	0.0 (0.0 to 0.8)	0.5 (0.0 to 1.4)	0.4 (0.0 to 1.4)	0.4 (0.0 to 1.4)	0.9 (0.3 to 1.7)	0.6 (0.0 to 3.7)	NS
<b>PI</b>								
Overall	0.7 (0.0 to 5.3)	0.1 (0.0 to 1.1)	0.2 (0.0 to 1.0)	0.3 (0.0 to 1.3)	0.0 (0.0 to 0.7)	0.5 (0.0 to 1.2)	0.0 (0.0 to 1.1)	NS

**... estimated increase is only statistically significant  
for NNRTI in Africa.**



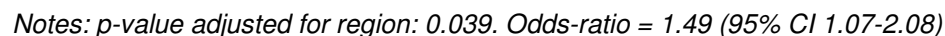
Note: \*test for trend, adjusted for region; Source: 82 WHO surveys covering 3588 recently-infected individuals; all other regions omitted due to lack of statistical significance. Areas surveyed varied considerably among countries and over time..

# Transmitted HIVDR (WHO surveys) Mutation Prevalence (n=3588, pooled analysis from 82 surveys)



Note: drug resistance mutations as defined by WHO 2009 Surveillance Drug Resistance Mutation (SDRM) list

## Prevalence of NNRTI resistance mutations: % of genotypes





# **ACQUIRED HIV DRUG RESISTANCE in Low and Middle Income Countries**



# Acquired HIVDR – WHO surveys

**Populations starting 1<sup>st</sup>-line ART at select clinics  
(naïve- and ARV-exposed)**

## Objectives

- To describe HIVDR in cohorts prior ART initiation
- To estimate viral load suppression and resistance 12 months after ART initiation



**Acquired HIVDR (WHO surveys)  
40 surveys, 12 countries, 2006 – 2010**

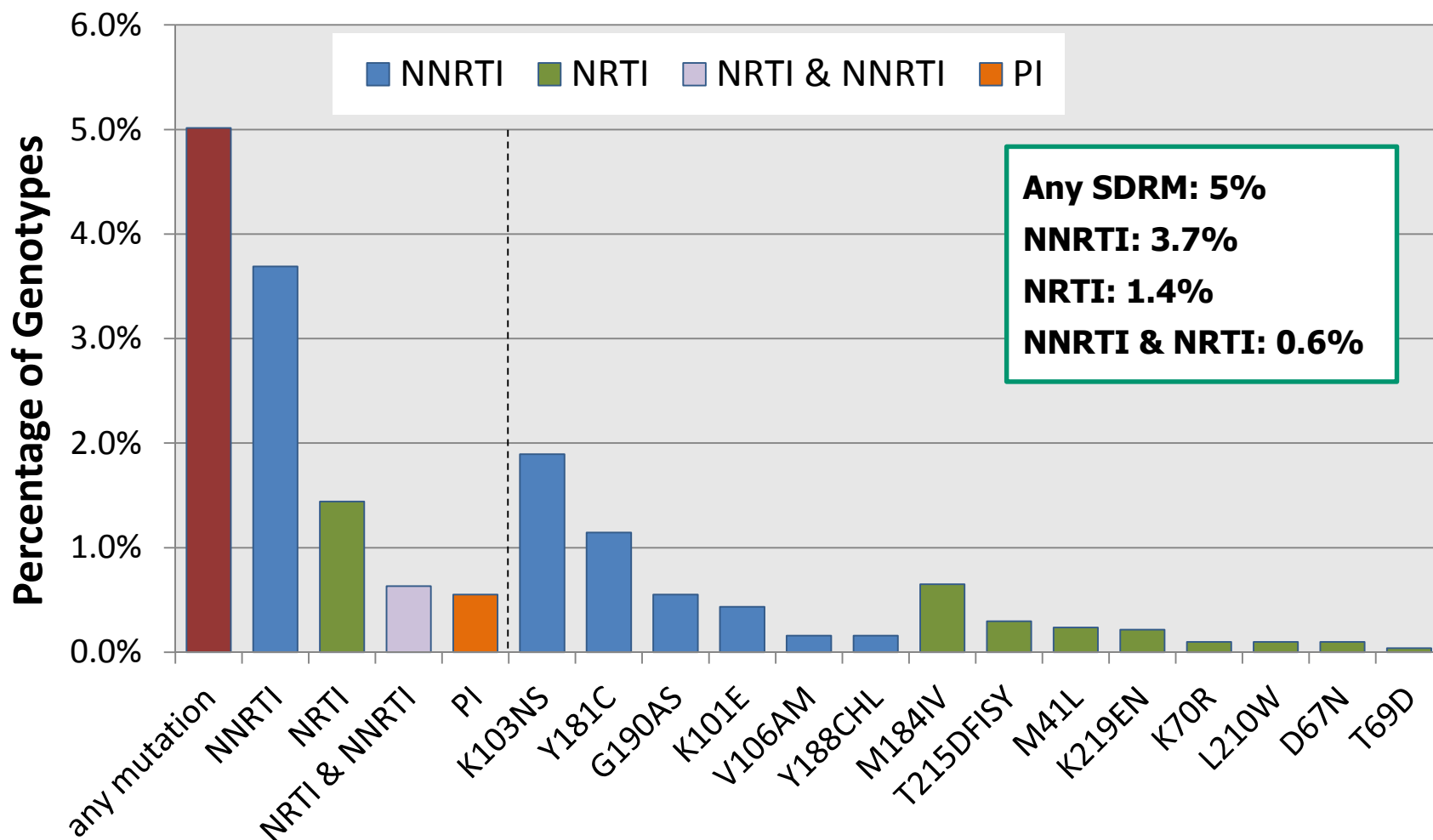


Country reporting results from WHO surveys of acquired HIV drug resistance, 2006–2010

No data available or not participating in the surveys

	Not applicable
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# Acquired HIVDR (WHO surveys) Mutation Prevalence at ART initiation (N = 5094)



Note: drug resistance mutations as defined by WHO 2009 Surveillance Drug Resistance Mutation (SDRM) list

# Acquired HIVDR (WHO surveys)

## HIVDR in Patients before ART Initiation (N = 5094)

		Year of Implementation				<i>p-value</i>
		2007	2008	2009	2010	
Any drug class	Africa	4.6 (3.6–5.8)	3.7 (2.8–4.8)	4.6 (2.2–7.8)	6.8 (4.8–9.0)	0.04
	South-East Asia	7.9 (4.0–13.7)	5.4 (2.9–8.6)	...	...	0.34
	<b>Overall</b>	<b>4.8 (3.8–6.0)</b>	<b>3.9 (3.0–4.9)</b>	<b>4.6 (2.2–7.8)</b>	<b>6.8 (4.8–9.0)</b>	<b>0.06</b>





# Acquired HIVDR (WHO surveys)

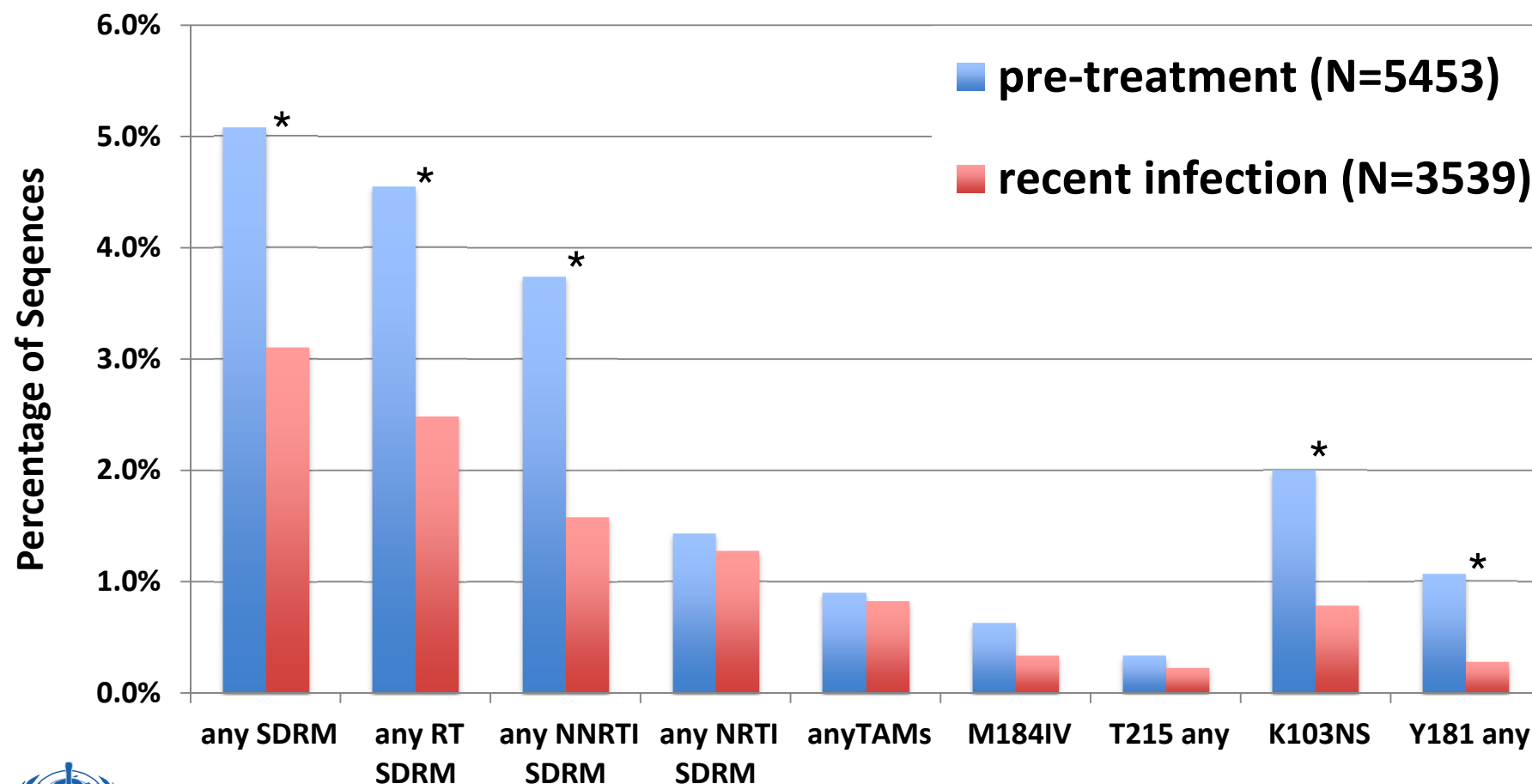
## HIVDR in Patients Before ART Initiation (N = 5094)

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Any drug class	Africa	4.6 (3.6–5.8)	3.7 (2.8–4.8)	4.6 (2.2–7.8)	6.8 (4.8–9.0)	0.04
	South-East					
	Asia	7.9 (4.0–13.7)	5.4 (2.9–8.6)	...	...	0.34
	Overall	4.8 (3.8–6.0)	3.9 (3.0–4.9)	4.6 (2.2–7.8)	6.8 (4.8–9.0)	0.06
NRTI	Africa	1.1 (0.6–1.7)	1.0 (0.5–1.6)	1.1 (0.3–2.2)	1.0 (0.3–2.0)	0.75
	South-East					
	Asia	3.6 (1.2–8.2)	4.3 (2.0–7.2)	...	...	0.74
	Overall	1.2 (0.7–2.0)	1.3 (0.8–2.0)	1.1 (0.3–2.2)	1.0 (0.3–2.0)	0.70
<b>NNRTI</b>	<b>Africa</b>	<b>3.4 (2.4–4.5)</b>	<b>2.3 (1.4–3.3)</b>	<b>3.3 (1.8–5.0)</b>	<b>5.4 (3.7–7.4)</b>	<b>0.03</b>
	South-East					
	Asia	7.9 (4.0–13.7)	3.0 (1.2–5.6)	...	...	...
	<b>Overall</b>	<b>3.7 (2.5–4.9)</b>	<b>2.4 (1.6–3.3)</b>	<b>3.3 (1.8–5.0)</b>	<b>5.4 (3.7–7.4)</b>	<b>0.06</b>
PI	Africa	0.3 (0.1–0.8)	0.5 (0.1–0.9)	0.5 (0.1–1.7)	0.0 (0.0–0.4)	0.82
	South-East					
	Asia	0.0 (0.0–2.6)	0.0 (0.0–0.7)	...	...	...
	Overall	0.3 (0.0–0.7)	0.4 (0.1–0.8)	0.5 (0.1–1.7)	0.0 (0.0–0.4)	0.97

Note: "..." not available or applicable; select p-values could not be calculated due to collinearity, lack of data and/or variability



# DR Mutation Prevalence in Recent Infection vs. Pre-treatment (WHO surveys)



\*p<0.05 (Fisher Exact test with correction for multiple comparisons)

# **Acquired HIVDR (WHO surveys) Three 12-Month Outcomes (n=3834)**

## **(1) HIV drug resistance prevented:**

- VL < 1000 copies/ml

## **(2) HIV drug resistance detected:**

- VL > 1000 copies/ml and HIVDR

## **(3) HIV drug resistance possible:**

- LTFU, stops and VL > 1000 copies/ml but no HIVDR observed



# Acquired HIVDR (WHO Surveys)

## Summary of 12-Month Outcomes (pooled, n=3834)

Region	<u>Resistance prevention</u> (% of people initiating ART <sup>a</sup> )	<u>Any resistance at endpoint<sup>b</sup></u>		<u>Possible resistance</u> (% of people initiating ART <sup>a</sup> )
		% of people initiating ART <sup>a</sup>	% of people failing with genotype available	
Eastern Africa	79.4%	4.3%	63.7%	16.4%
Southern Africa	80.3%	4.7%	73.3%	15.0%
Western/central Africa	59.9%	6.0%	74.5%	34.1%
<b>African Region</b>	<b>76.6%</b>	<b>4.7%</b>	<b>69.5%</b>	<b>18.8%</b>
<b>South-East Asia</b>	<b>71.4%</b>	<b>8.9%</b>	<b>93.3%</b>	<b>19.7%</b>
<b>Overall</b>	<b>76.1%</b>	<b>5.1%</b>	<b>72.1%</b>	<b>18.8%</b>



<sup>a</sup>Excludes people who died or who were transferred to another antiretroviral therapy facility. <sup>b</sup>HIV drug resistance defined as a drug resistance prediction of low, intermediate or high level using the Stanford HIV database algorithm. Alternatively, if calculated based on the number of surveillance drug resistance mutations at endpoint, subregional, regional and overall proportions remain identical.

# Acquired HIVDR (WHO Surveys)

## Summary of 12-Month Outcomes (pooled, n=3834)

Region	<u>Resistance prevention</u> (% of people initiating ART <sup>a</sup> )	<u>Any resistance at endpoint<sup>b</sup></u>		<u>Possible resistance</u> (% of people initiating ART <sup>a</sup> )
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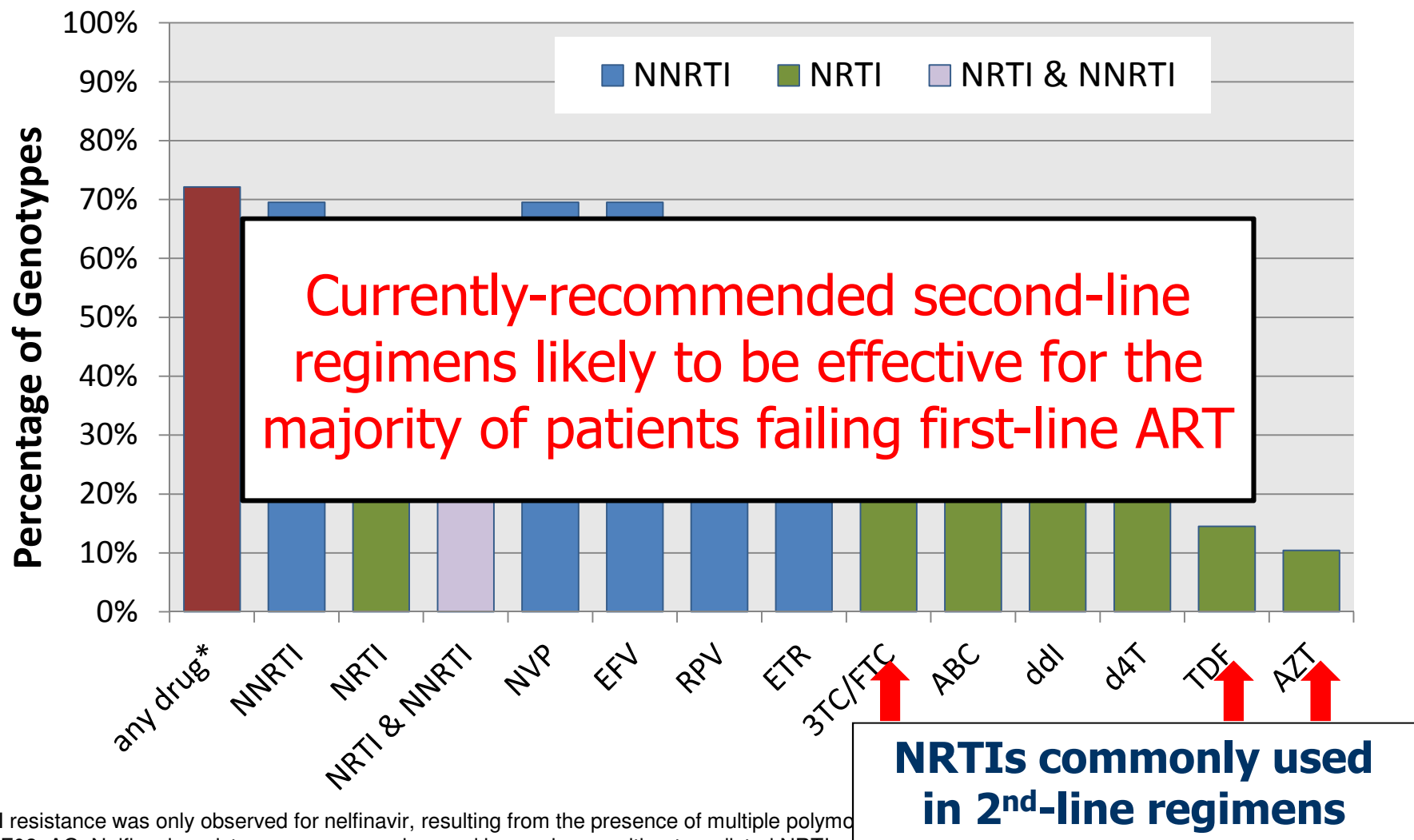


**27.9% of patients failing therapy had wild type**



# Acquired HIVDR (WHO Surveys)

## Predicted HIVDR in people failing ART at 12 months (n=269)

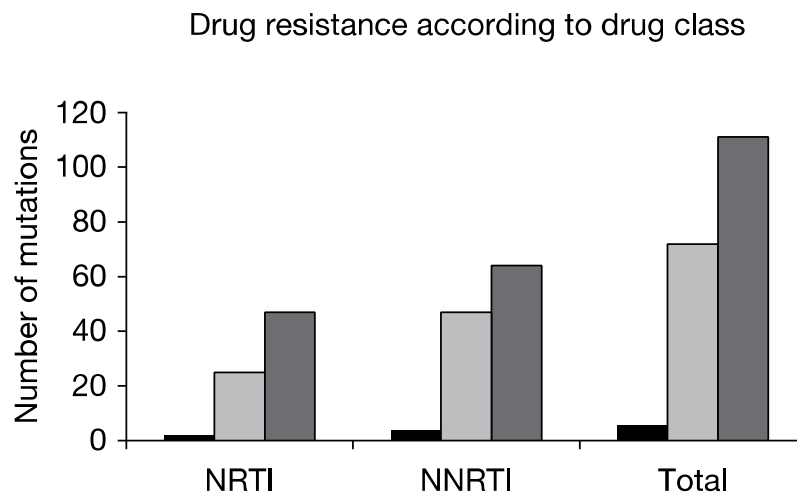


\* PI resistance was only observed for nelfinavir, resulting from the presence of multiple polymorphisms in the CRF02\_AG. Nelfinavir resistance was never observed in specimens without predicted NRTI or NNRTI resistance. No drug resistance was predicted for any ritonavir-boosted PI. Based on the Stanford algorithm using resistance interpretation of "low-level" or higher.

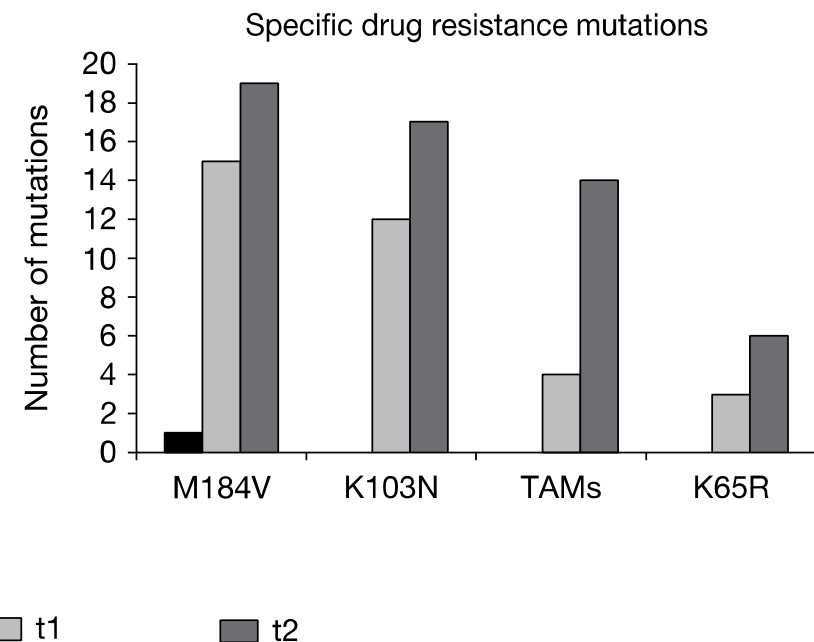
# Rapid accumulation of mutations when first-line ART is continued despite virological failure

Longitudinal genotyping analysis at first detection of Virological Failure (t1) and 6 or 12 months after (t2) (*Barth et al, AVT, 2012*)

A



B



**Steep increase in TAMs (+250%) and K65R (+100%) between t1-t2**  
NNRTI susceptibility is already lost at first detection of VF

# Second-Line Antiretroviral Treatment Successfully Resuppresses Drug-Resistant HIV-1 After First-Line Failure: Prospective Cohort in Sub-Saharan Africa

Kim C. E. Sigaloff,<sup>1,2</sup> Raph L. Hamers,<sup>1,2</sup> Carole L Wallis,<sup>3</sup> Cissy Kityo,<sup>4</sup> Margaret Siwale,<sup>5</sup> Prudence Ive,<sup>3</sup> Mariette E. Botes,<sup>6</sup> Kishor Mandaliya,<sup>7</sup> Maureen Wellington,<sup>8</sup> Akin Osibogun,<sup>9</sup> Wendy S. Stevens,<sup>3</sup> Michèle van Vugt,<sup>10</sup> and Tobias F. Rinke de Wit,<sup>1,2</sup> the PharmAccess African Studies to Evaluate Resistance (PASER)

- ✓ VF at 12 months: 14% (28/201)
- ✓ 53% of the participants were predicted to receive partially active second-line regimens

**Table 2. Risk Factors for Second-Line Failure**

Factor	Virological Failure <sup>a</sup>			
	Events (%)	Univariate	Multivariate	<i>P</i>
Activity of second-line regimen <sup>c</sup>				
Fully active	31 (29.8)	1.0	1.0	
Partially active	30 (23.4)	0.72 (0.38–1.36))	0.80 (0.33–1.91)	.610

**Empirically prescribed bPI-second line ART can successfully resuppress HIV after 1<sup>st</sup> line failure, even in the absence of a fully active NRTI backbone**

*Sigaloff, JID, 2012*

# Acquired HIVDR (WHO Surveys)

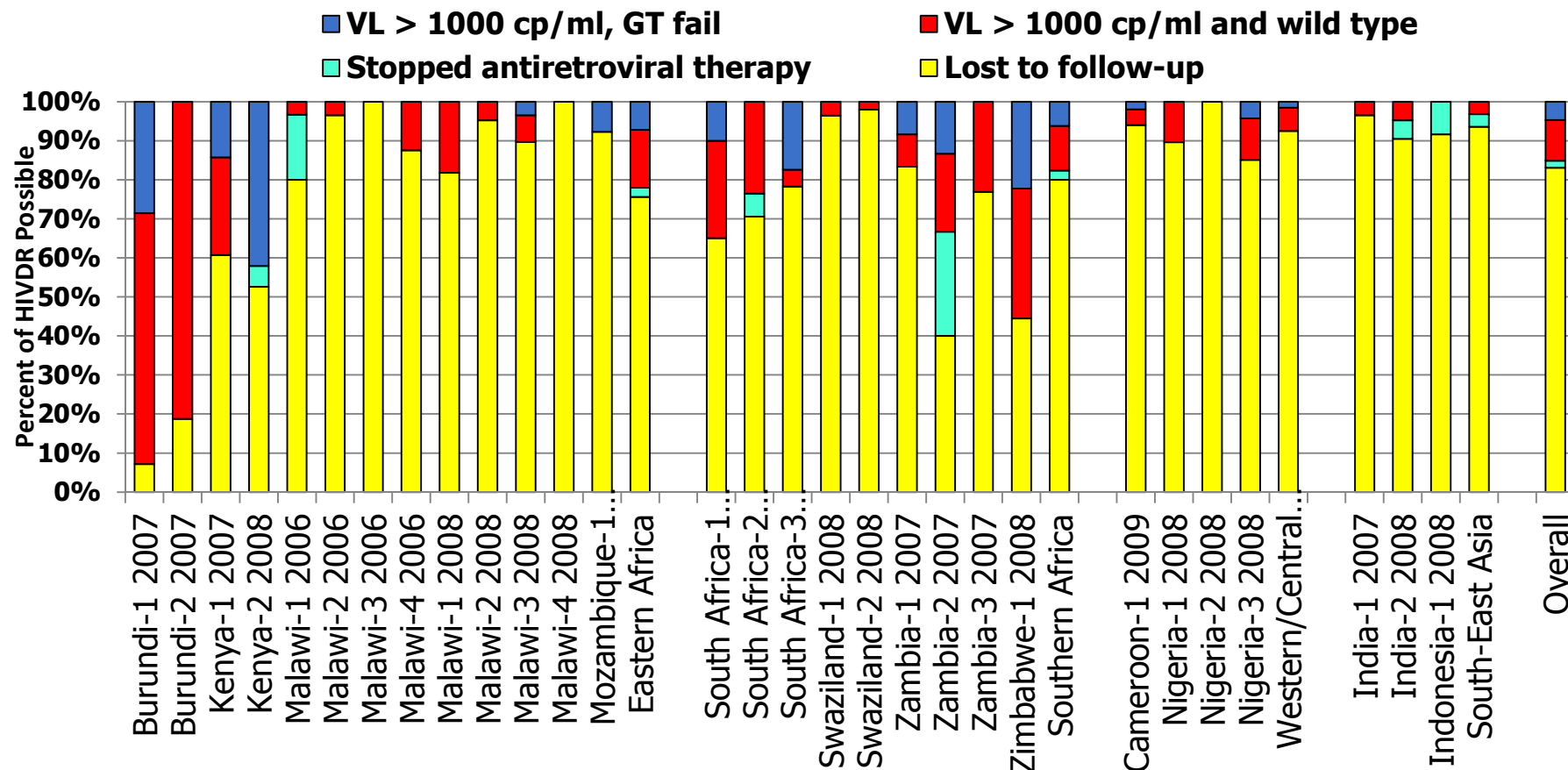
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<b>Overall</b>	<b>76.1%</b>	<b>5.1%</b>	<b>72.1%</b>	<b>18.8%</b>



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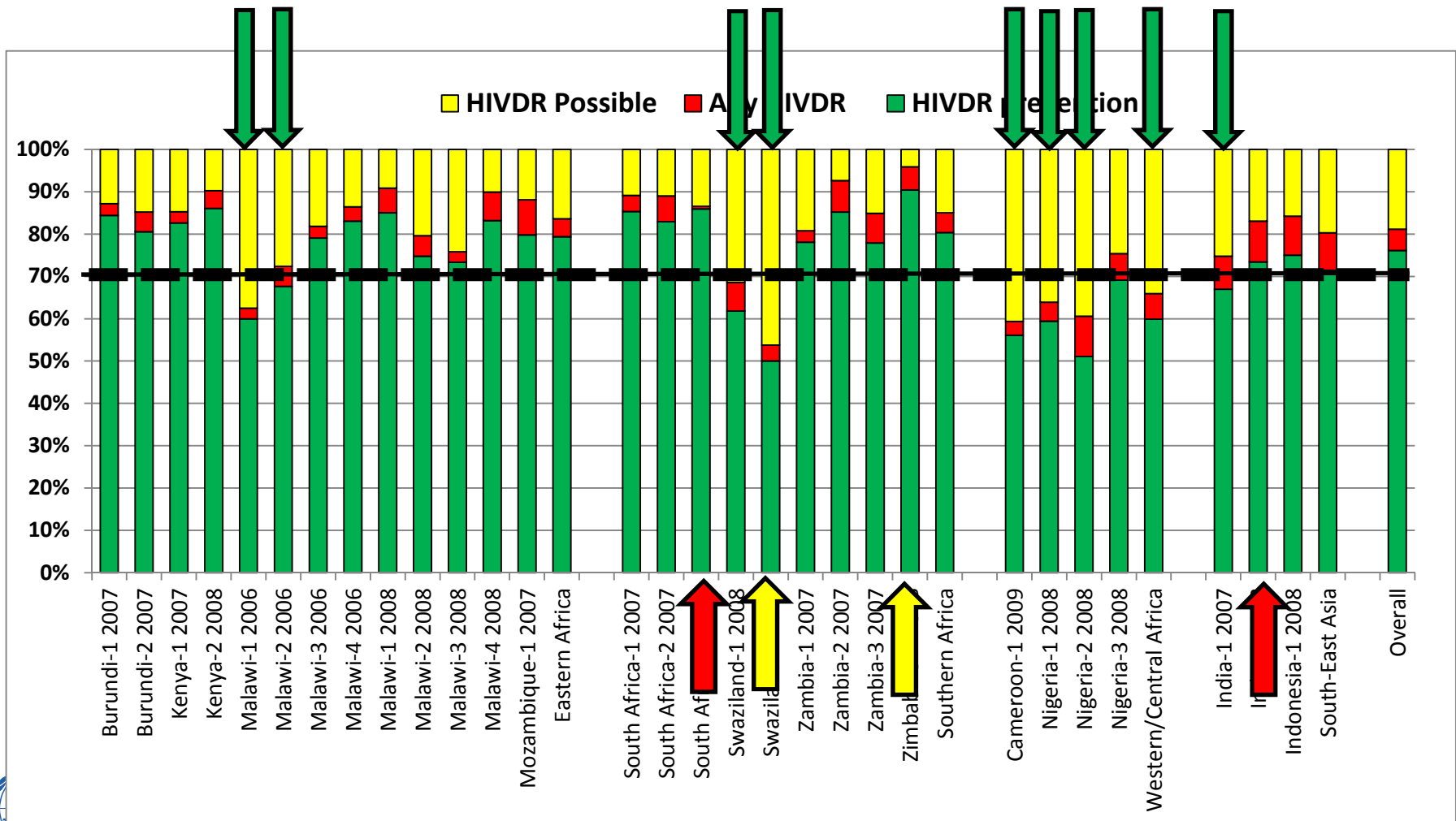
# Acquired HIVDR (WHO Surveys) – 12-month outcomes: HIVDR possible (by clinic)



Possible drug resistance driven primarily by losses to follow-up



# Acquired HIVDR (WHO Surveys) – Summary of key 12-month outcomes (by clinic)



Note: Possible drug resistance includes 75 patients with viral load greater than 1000 copies/ml at 12 months and no resistance, 13 who stopped antiretroviral therapy, 599 who were lost to follow-up, 34 with viral load greater than 1000 copies/ml at 12 months but with specimens failing to amplify and 1 with viral load greater than 1000 copies/ml at switch but failing to amplify PCR products

# Conclusions (I)

- ✓ **Transmitted resistance** (particularly to NNRTI) in recently infected people **increasing** over time in areas surveyed in Africa, **but still within the expected levels (3.4% in 2009)**
- ✓ In 2010, HIVDR in **pre-treatment** population:  
**5.4% (3.7-7.4) to NNRTI; 6.8% (4.8-9.0) overall**
- ✓ **Currently recommended first-line ART regimens still effective for most people initiating treatment**



## Conclusions (II)

- Response to first-line ART is excellent at 12 month (90% OT, 76% ITT)
- Attention to:
  - I. **unnecessary switch** for ~30% people failing ART with wild type
  - II. **"possible" DR** (particularly LTFU) ~18% of people initiating ART
- At 12 month, DR patterns largely preserve NRTIs for 2<sup>nd</sup> line
- 2<sup>nd</sup>-line ART still effective (12 month endpoint) despite partially active NRTI-backbone



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Thank you!