

Wellness Week



SEPTEMBER 13 - 19

**Making the Healthy Choice
the Easy Choice**

Live
Work
Play

Eat

Wellness

Semana del Bienestar



13 - 19 DE SEPTIEMBRE

**Haciendo de la opción
saludable, la opción fácil**

Viva
Trabaje
Juegue

Coma

Bienestar



Pan American
Health
Organization



World Health
Organization
REGIONAL OFFICE FOR THE
Americas



GOVERNMENT OF THE DISTRICT OF COLUMBIA
DOH
DEPARTMENT OF HEALTH
Promote. Prevent. Protect.