

Cuba - Havana - Dental Students (3rd Year Students Only) Global Health Professions Student Survey (GHPSS)

FACT SHEET

The Cuba - Havana dental students GHPSS includes data on prevalence of cigarette smoking and use of other tobacco products, knowledge and attitudes about tobacco use, exposure to second-hand smoke, desire for smoking cessation, and training received during dental school regarding patient counseling on smoking cessation techniques. This information could be very useful in monitoring and developing Cuba - Havana's comprehensive tobacco control program.

The Cuba - Havana dental students GHPSS was a census of 3rd year dental students attending the 1 dental school in Cuba - Havana that was conducted in 2008. The school response rate was 100% and the student response rate was 78.3%. A total of 146 students participated in the Cuba - Havana dental students GHPSS.

Prevalence

- 68.1% ever smoked cigarettes (Males = 75.6%, Females = 64.6%)
- 26.4% currently smoke cigarettes (Males = 38.6%, Females = 21.0%)
- 16.7% ever used any form of tobacco other than cigarettes (Males = 26.7%, Females = 12.1%)
- 4.8% currently use any form of tobacco other than cigarettes (Males = 8.7%, Females = 3.0%)
- 27.0% of ever smokers smoked on school premises/property during the past year.
- 38.2% of ever smokers smoked in school buildings during the past year.

Factors Influencing Tobacco Use

- 75.9% were exposed to second-hand smoke at home, during the past week.
- 86.2% were exposed to second-hand smoke in public places during the past week.
- 73.6% reported that their school had a ban on smoking in school buildings and clinics.
- 53.8% reported that their school enforced the ban on smoking in school buildings and clinics.
- 97.9% thought smoking should be banned in all enclosed public places.
- 95.8% thought tobacco sales to adolescents should be banned.
- 82.5% thought there should be a complete ban on advertising tobacco products.
- 65.2% of current smokers wanted to stop smoking.
- 54.3% of current smokers ever received help/advice to stop smoking cigarettes.
- 98.6% were taught about the dangers of smoking during dental school training.

Role Model and Cessation Training

- 98.6% thought health professionals serve as role models for their patients.
- 100.0% thought health professionals have a role in giving advice about smoking cessation to patients.
- 36.4% received formal training in smoking cessation approaches during dental school.
- 97.2% thought health professionals should get specific training on cessation techniques.

Highlights

Over one-quarter currently smoke cigarettes and 4.8% currently use other tobacco products.

Nearly two-thirds of the smokers indicated that they want to quit.

Almost 9 in 10 were exposed to smoke in public places.

Almost all support a ban on smoking in all enclosed public places.

Close to 2 in 5 received training to provide patients with cessation approaches.

Nearly all think health professionals should get specific training on cessation techniques to use with patients.