

GYTS Objectives

The Global Youth Tobacco Survey (GYTS), a component of the Global Tobacco Surveillance System (GTSS), is a global standard for systematically monitoring youth tobacco use (smoking and smokeless) and tracking key tobacco control indicators.

GYTS is a nationally representative school-based survey of students in grades associated with age 13 to 15 years and is designed to produce cross-sectional estimates for each country. GYTS uses a standard core questionnaire, sample design, and data collection protocol. It assists countries in fulfilling their obligations under the World Health Organization (WHO) Framework Convention on Tobacco Control (FCTC) to generate comparable data within and across countries. WHO has developed MPOWER, a package of selected demand reduction measures contained in the WHO FCTC:



- Monitor tobacco use & prevention policies**
- Protect people from tobacco smoke**
- Offer help to quit tobacco use**
- Warn about the dangers of tobacco**
- Enforce bans on tobacco advertising, promotion, & sponsorship**
- Raise taxes on tobacco**

GYTS Methodology

GYTS uses a global standardized methodology that includes a two-stage sample design with schools selected with a probability proportional to enrollment size. The classes within selected schools are chosen randomly and all students in selected classes are eligible to participate in the survey. The survey uses a standard core questionnaire with a set of optional questions that permits adaptation to meet the needs of the country on tobacco use and key tobacco control indicators. The questionnaire covers the following topics: tobacco use (smoking and smokeless), cessation, secondhand smoke (SHS), pro- and anti-tobacco media and advertising, access to and availability of tobacco products, and knowledge and attitudes regarding tobacco use. The questionnaire is self-administered; using scannable paper-based bubble sheets, it is anonymous to ensure confidentiality.

In Uruguay, GYTS was conducted in 2014 by the National Drug Board, under the coordination of the Ministry of Health. The overall response rate was 85.9%. A total of 4,902 eligible students in 1st-3rd Basic Cycle and 4th year (1st year bacharelato) completed the survey, of which 3,256 were aged 13-15 years. Data is reported for students aged 13-15.

GYTS Highlights

TOBACCO USE

- 12.8% of students, 12.7% of boys, and 12.5% of girls currently used any tobacco products.
- 9.9% of students, 9.6% of boys, and 9.8% of girls currently smoked tobacco.
- 8.2% of students, 7.2% of boys, and 8.7% of girls currently smoked cigarettes.
- 3.5% of students, 4.0% of boys, and 3.1% of girls currently used smokeless tobacco.
- 67.6% of students, 59.7% of boys, and 71.7% of girls who are current smokers showed signs of smoking dependence.

CESSATION

- 5 in 10 current smokers tried to stop smoking in the past 12 months.
- More than 3 in 10 current smokers wanted to stop smoking now.

SECONDHAND SMOKE

- 40.6% of students were exposed to tobacco smoke at home.
- 40.1% of students were exposed to tobacco smoke inside enclosed public places.

ACCESS & AVAILABILITY

- 64.7% of current cigarette smokers obtained cigarettes by buying them from a store, shop, street vendor, kiosk, parlor, newsstand, supermarket, gas station, tavern, bar or restaurant.
- Among current cigarette smokers who bought cigarettes, 74.1% were not prevented from buying them because of their age.

MEDIA

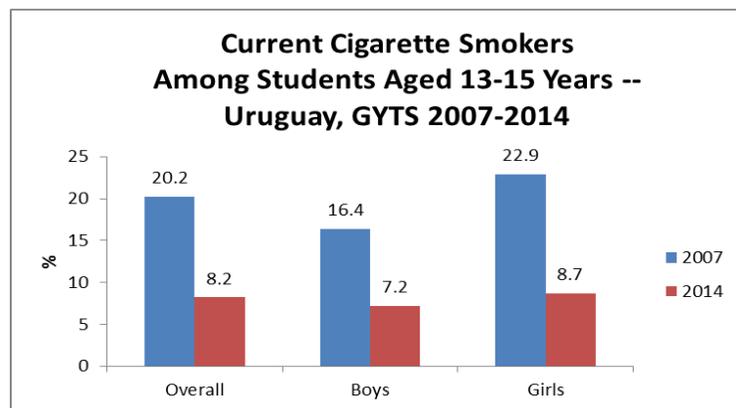
- 6 in 10 students noticed anti-tobacco messages in the media.
- Almost 6 in 10 students noticed tobacco advertisements or promotions when visiting points of sale.
- Almost 1 in 10 students owned something with a tobacco brand logo on it.

KNOWLEDGE & ATTITUDES

- 57.0% of students definitely thought other people's tobacco smoking is harmful to them.
- 86.6% of students favored banning smoking inside enclosed public places.

TOBACCO USE

SMOKED TOBACCO	OVERALL (%)	BOYS (%)	GIRLS (%)
Current tobacco smokers ¹	9.9	9.6	9.8
Current cigarette smokers ²	8.2	7.2	8.7
Frequent cigarette smokers ³	1.6	1.5	1.8
Current smokers of other tobacco ⁴	2.7	3.4	2.1
Ever tobacco smokers ⁵	28.5	27.2	29.5
Ever cigarette smokers ⁶	25.9	23.9	27.5
Ever smokers of other tobacco ⁷	7.3	8.4	6.2
SMOKELESS TOBACCO			
Current smokeless tobacco users ⁸	3.5	4.0	3.1
Ever smokeless tobacco users ⁹	6.2	6.5	5.8
TOBACCO USE (smoked and/or smokeless)			
Current tobacco users ¹⁰	12.8	12.7	12.5
Ever tobacco users ¹¹	32.3	31.1	33.0
SUSCEPTIBILITY			
Never tobacco users susceptible to tobacco use in the future ¹²	16.6	14.1	18.5
Never smokers who thought they might enjoy smoking a cigarette ¹³	7.8	9.3	6.6
Current smokers who are showing signs of smoking dependence ¹⁴	67.6	59.7	71.7



CESSATION

	OVERALL (%)	BOYS (%)	GIRLS (%)
Current smokers who tried to stop smoking in the past 12 months	51.2	48.5	52.5
Current smokers who want to stop smoking now	32.1	28.3	33.7
Current smokers who thought they would be able to stop smoking if they wanted to	84.9	79.0	88.3
Current smokers who have ever received help/advice from a program or professional to stop smoking	17.8	20.0	15.6

SECONDHAND SMOKE

	OVERALL (%)	BOYS (%)	GIRLS (%)
Exposure to tobacco smoke at home ^{††}	40.6	35.5	44.8
Exposure to tobacco smoke inside any enclosed public place ^{††}	40.1	34.0	45.1
Exposure to tobacco smoke at any outdoor public place ^{††}	46.8	40.9	51.8
Students who saw anyone smoking inside the school building or outside on school property [†]	37.0	35.7	38.1

ACCESS & AVAILABILITY

	OVERALL (%)	BOYS (%)	GIRLS (%)
Current cigarette smokers who obtained cigarettes by buying them from a store, shop, street vendor, kiosk, parlor, newsstand, supermarket, gas station, tavern, bar or restaurant ¹⁵	64.7	68.9	62.2
Current cigarette smokers who were not prevented from buying cigarettes because of their age ¹⁶	74.1	71.4	77.5
Current cigarette smokers who bought cigarettes as individual sticks ¹⁷	41.5	36.5	45.7

MEDIA

TOBACCO ADVERTISING	OVERALL (%)	BOYS (%)	GIRLS (%)
Noticing tobacco advertisements or promotions at points of sale ¹⁸	58.1	55.8	59.9
Students who saw anyone using tobacco on television, videos, or movies ¹⁹	75.4	74.8	75.9
Students who were ever offered a free tobacco product from a tobacco company representative	5.7	7.0	4.5
Students who own something with a tobacco brand logo on it	7.5	9.0	5.8
ANTI-TOBACCO ADVERTISING			
Noticing anti-tobacco messages in the media [†]	59.9	56.2	63.2
Noticing anti-tobacco messages at sporting or community events ²⁰	39.3	42.6	35.8
Current smokers who thought about quitting because of a warning label ²¹	33.1	25.6	37.5
Students who were taught in school about the dangers of tobacco use in the past 12 months	33.0	34.2	32.1

KNOWLEDGE & ATTITUDES

	OVERALL (%)	BOYS (%)	GIRLS (%)
Students who definitely thought it is difficult to quit once someone starts smoking tobacco	19.4	19.0	19.9
Students who thought smoking tobacco helps people feel more comfortable at celebrations, parties, and social gatherings	24.8	29.0	21.2
Students who definitely thought other people's tobacco smoking is harmful to them	57.0	57.2	57.0
Students who favor banning smoking inside enclosed public places	86.6	84.9	88.2
Students who favor banning smoking at outdoor public places	59.5	63.6	55.9

¹ Smoked tobacco anytime during the past 30 days. ² Smoked cigarettes anytime during the past 30 days. ³ Smoked cigarettes on 20 or more days of the past 30 days. ⁴ Smoked tobacco other than cigarettes anytime during the past 30 days. ⁵ Ever smoked any tobacco, even one or two puffs. ⁶ Ever smoked cigarettes, even one or two puffs. ⁷ Ever smoked tobacco other than cigarettes, even one or two puffs. ⁸ Used smokeless tobacco anytime during the past 30 days. ⁹ Ever used smokeless tobacco. ¹⁰ Smoked tobacco and/or used smokeless tobacco anytime during the past 30 days. ¹¹ Ever smoked tobacco and/or used smokeless tobacco. ¹² Susceptible to future tobacco use includes those who answered "Definitely yes", "Probably yes", or "Probably not" to using tobacco if one of their best friends offered it to them or those who answered "Definitely yes", "Probably yes", or "Probably not" to using tobacco during the next 12 months. ¹³ Those who answered "Agree" or "Strongly agree" to the statement: "I think I might enjoy smoking a cigarette". ¹⁴ Those who sometimes or always smoke or feel like smoking tobacco first thing in the morning or start to feel a strong desire to smoke again within 1 full day after smoking. ¹⁵ How cigarettes were obtained the last time respondents smoked cigarettes in the past 30 days. ¹⁶ Of those who tried to buy cigarettes during the past 30 days. ¹⁷ Based on the last purchase, of those who bought cigarettes during the past 30 days. ¹⁸ Among those who visited a point of sale in the past 30 days. ¹⁹ Among those who watched television, videos, or movies in the past 30 days. ²⁰ Among those who attended sporting or community events in the past 30 days. ²¹ Among those who noticed warning labels on cigarette packages in the past 30 days. [†] During the past 30 days. ^{††} During the past 7 days.

NOTE: Students refer to persons aged 13-15 years who are enrolled in school. Data have been weighted to be nationally representative of all students aged 13-15 years. Percentages reflect the prevalence of each indicator in each group, not the distribution across groups.