

INTERVENTIONS TO REDUCE

SALT INTAKE



< 5g /day

Reformulate

food products to contain less salt and set target levels for the amount of salt in foods

Nutrition Facts

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Sodium	0%



Implement

front-of-pack labeling to provide easy-to-read and understand information for consumers

Apply

behavior change communication strategies to reduce salt consumption



Create

supportive environments in public institutions to enable lower salt options to be provided



Monitor

population salt intake and salt food content

