

31 MAY WORLD NO TOBACCO DAY 2019

DON'T LET TOBACCO TAKE YOUR BREATH AWAY

MORTALITY

Tobacco kills **more than 8 million people** every year. Over 1 million of those deaths are caused by second-hand smoke exposure.

8 MILLION DEATHS caused by tobacco every year



1 MILLION DEATHS due to second-hand smoke exposure



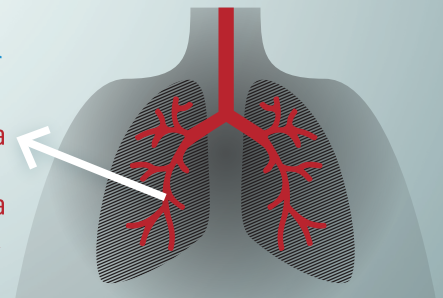
LUNG CANCER

Tobacco smokers are up to **22 times more likely** to develop **lung cancer** in their lifetime, compared to non-smokers.

 normal

 asthma

 asthma attack



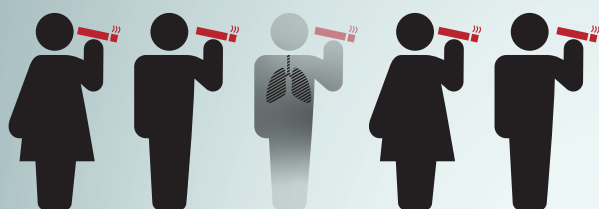
ASTHMA

Children who breathe **second-hand smoke** are more likely to develop **asthma** and experience frequent and more severe asthma attacks.

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TUBERCULOSIS

Tobacco smoking more than **doubles the risk** of developing **tuberculosis** disease and increases the risk of dying from respiratory failure.

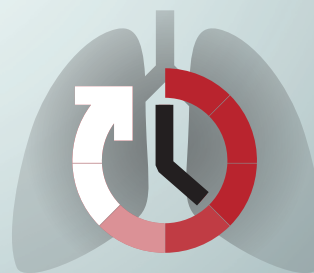


CHRONIC OBSTRUCTIVE PULMONARY DISEASE

1 in 5 tobacco smokers will develop chronic **bronchitis** and/or **emphysema** in their lifetime.

IT'S NEVER TOO LATE TO QUIT

Within **2 weeks** of **quitting tobacco**, lung function increases. After **10 years**, the risk of lung cancer is half that of a smoker.



For more information, visit
www.who.int/tobacco/en